

# PROWLS N' GROWLS

JANUARY

HAPPY

*new year*

2023

# Welcome Back

**HAPPY NEW YEAR CHE FAMILIES!  
WE HOPE EVERYONE HAD A RESTFUL  
TWO WEEKS AND ENJOYED THE  
HOLIDAY BREAK.**

**WE ARE A FEW SCHOOL  
DAYS AWAY FROM COMPLETING  
HALF OF THE SCHOOL YEAR.  
WHERE DID THE TIME GO?!**

**PARENTS, PLEASE MAKE SURE  
STUDENTS ARE CONTINUING  
TO READ AT HOME.**

**OUR TEACHERS WILL CONTINUE TO  
BUILD ON THE FOUNDATIONS TAUGHT  
PRIOR TO THE BREAK.**

**ATTENDANCE WILL BE PERTINENT  
FROM THIS POINT AS THE  
CURRICULUM BECOMES MORE  
COMPREHENSIVE AND STUDENTS ARE  
ASSESSED. THANK YOU AS ALWAYS  
FOR YOUR SUPPORT!**

**PLEASE MAKE SURE YOUR  
CONTACT INFORMATION  
IS UP TO DATE FOR THE  
NEW YEAR WITH OUR  
REGISTRAR,  
MRS. KAREN HART!**

**THIS WILL HELP YOU AND  
YOUR FAMILY STAY UP TO  
DATE ON ALL THE  
HAPPENINGS AT CHE.  
MRS. HART CAN BE  
REACHED VIA EMAIL AT  
KAREN.HART@BROWARD  
SCHOOLS.COM OR BY  
CALLING OUR FRONT  
OFFICE AT 754-322-5950**

**Did You  
Know?**

Car loop B (Westview Drive entrance) is open to drop off your K-2 student(s) in the mornings! Supervision is lighter, however if your student is independently able to exit your vehicle, carry his/her belongings, and enter campus to locate their classroom or cafe for breakfast, this option might save you some time and stress!

Please be reminded that students are not to be dropped off prior to 7:40 am as there is no adult supervision.

# JANUARY

## Calendar of Events

- January 1-31 - Winter Reading Challenge
- January 11 - Deadline to register for Enrich
- January 10 - Progress Monitoring (PM2) 5th Reading
- January 11 - Progress Monitoring (PM2) 5th Math
- January 12 -Hurricane Make-up Day - Full Day of Learning
- January 13 - NO SCHOOL - Employee Planning
- January 16 - NO SCHOOL - Martin Luther King Day
- January 17 - PTA meeting @ 8:30 am
- January 17 - Third quarter begins
- January 17 - Safety Town Field Trip -Kindergarten
- January 17 - Progress Monitoring (PM2) 4th Reading
- January 18 - Progress Monitoring (PM2) 4th Math
- January 19 - Progress Monitoring (PM2) 3rd Reading
- January 20 - Progress Monitoring (PM2) 3rd Math
- January 19 - Safety Town Field Trip -Kindergarten
- January 19 - Enrichment Masters Program Resumes
- January 20 - Flamingo Gardens - Grade 1
- January 30- SAC/SAF Meeting 3:30 pm Media Ctr
- January 23-27 - Literacy Week - See Flyer pg. ?

## Character Trait for January



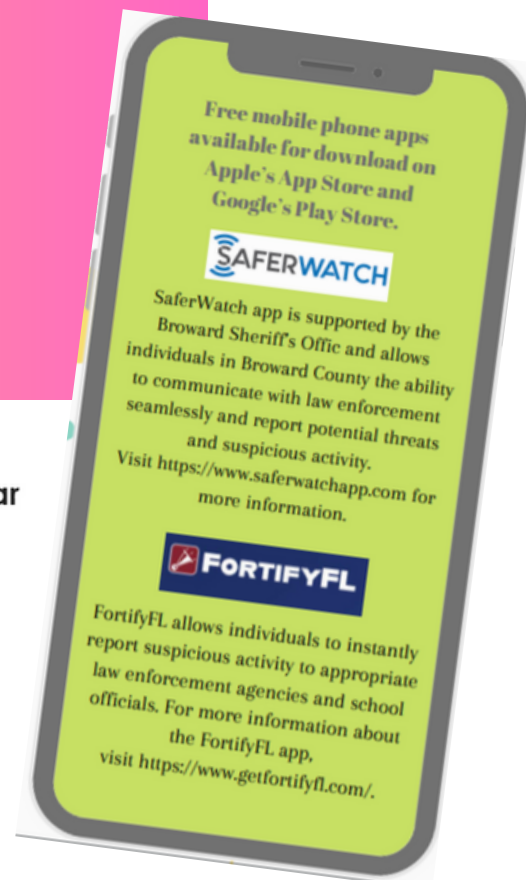
**Showing consideration, understanding, and regard for people, places, and things.**

- Open doors for senior citizens.
- Put your toys and clothes away properly.
- Speak politely to everyone; only say positive things.
- Congratulate yourself when you do something well.
- Write "nice" notes to your family and friends.

**Check out these books on  
RESPECT:**

*I'm Sorry*, Sam McBratney

**Broward County School Board Approves 2023/24 School Calendar**  
*The First Day of School is Monday, August 21, 2023*



# CONGRATULATIONS!

## You are a winner at the 2023 MLK Art & Literary Exhibit!

Please join us along with your  
families and friends for a special  
awards ceremony

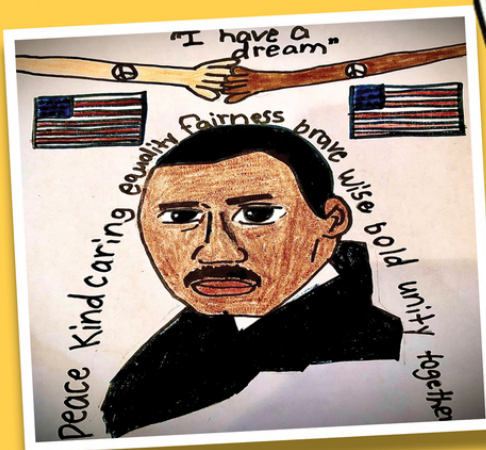
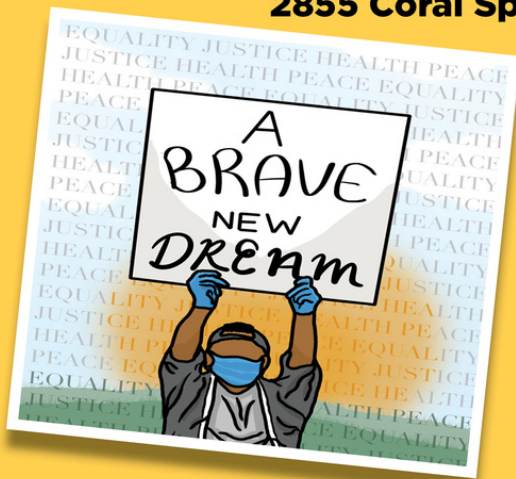
**JANUARY 12<sup>th</sup>, 2023**

**6:00 P.M.**

Winning entries will be displayed in the Coral Springs  
Center for the Arts lobby from  
January 6th - January 13th for students  
and their families to visit.

We kindly ask you to arrive by  
5:15 p.m.

**Coral Springs Center for the Arts  
2855 Coral Springs Drive**



*Congratulations to Mrs. Franco's class for taking  
FIRST place in the literary category and  
Ms. Tezekjian's class for receiving Honorable  
Mention in the Group Art Category!!*

**WAY TO GO RISING STARS!**



***Pre-order your CHE 2022-2023 Yearbook.***

*The online store is all setup and ready to go.  
Visit [www.buytheyearbook.com](http://www.buytheyearbook.com) to pre-order your student's yearbook, buy recognition ads and upload any pictures you have of CHE events or field trips!*

***Our school id for the store is 710921.***

*Purchase now before the price increase in February.*



**amazon**smile  
You shop. Amazon gives.

*Are you an avid AMAZON shopper?*

**YES?**

*Well don't give it all away to Amazon, consider giving back to CHE!*

The PTA **NEEDS YOU!**

*Amazon Smile is a great program that allows you to select a charity to give a portion of the sale with no cost to you!*

**Just select CHE PTA as your charity.**

*We appreciate you!!*



# News from Food & Nutrition

## School lunch - what a bargain!

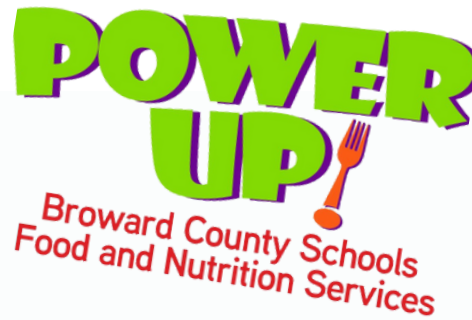
Thanks to federal, state and local partnerships, Food and Nutrition Services are able to offer variety and well-balanced nutritious meals. The National School Lunch Program provides the student the opportunity of selecting a lunch consisting of 5 meal components (Meat/ Meat Alternate, Milk, Grain, 2 fruits or vegetables). The student may choose 3, 4, or 5 components for the same price. A student may refuse 1 or 2 of the meal components. The idea of "3 are good, 4 are better and 5 are best" is promoted to assure the greatest variety and nutrient intake. This is our government's way to assure that its financial support pays for only those meals that meet defined federal standards. School lunch meals provide an assortment of foods including entrée salads and fresh fruit daily. For students who prefer to bring a bag lunch, either low fat white, strawberry or chocolate milk, or water are available for \$.50 per carton. Ice Cream will not be sold at this point. **A LA CARTE FOOD:** If a student does not select 3 of the 5 components offered as a meal, then the meal does not qualify for federal reimbursement and the student must pay ala carte prices. Students are charged a la carte prices for additional portions and for specialty items. Because of the government's support, choosing the school lunch meal is a real bargain.

**Free and Reduced Price Meals:** Students will bring home a Free and Reduced Price Meal application the first week of school. The United States Department of Agriculture provides free or reduced price meal to children whose families meet income requirements. This helps assure that all children have access to nutritious food during the school day. Children need proper nutrition to grow, be healthy and learn. Last year, over 110,000 students in Broward County students took advantage of this great program. Only one application is necessary per household. Information is secure and confidential. Non-citizens and non-residents may apply for benefits. Please contact your child's school or the District Meal Benefits Department at 754-321-0250 if you have questions. **Complete a Free and Reduced Price Meal Application Today.** If you have any questions, please call the Food and Nutrition Services office at 754-321-0215.

### Breakfast / COUNTRY HILLS ELEMENTARY / Menu at Country Hills Elementary

### JANUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <i>No Information Provided</i>	3 <i>No Information Provided</i>	4 <i>No Information Provided</i>	5 <i>No Information Provided</i>	6 <i>No Information Provided</i>
9 Cinnamon French Toast Sticks Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Applesauce Cup Fresh Sliced Orange Milk	10 Assorted Cereal Yogurt Parfait w/ Peach Cheese, Egg & Meat Breakfast Bagel Flavored Yogurt Cup Honey Wheat Biscuit Fresh Red Apple Strawberry Cup Milk	11 Chocolate Filled Crescent Assorted Cereal Flavored Yogurt Cup Strawberry Nutrigram Bar Pears, Cup Apricots Cup Milk	12 Turkey Sausage Egg Bake Bites Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Assorted Mini Loaf Apple Juice Fresh Banana Milk	13 <i>No Information Provided</i>
16 <i>No Information Provided</i>	17 Breakfast Pizza Assorted Cereal Yogurt Parfait w/ Peach Honey Wheat Biscuit Chilled Apricots Fresh Apple Slices Milk	18 Fluffy Scrambled Eggs Assorted Cereal Flavored Yogurt Cup Crossant Roll Assorted Mini Loaf Chilled Pineapple Fresh Sliced Orange Milk	19 Pork Sausage Patty Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Fresh Banana Apple Juice Milk	20 Large Cinnamon Bun Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Raisins Fresh Banana Milk
23 Cinnamon French Toast Sticks Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Applesauce Cup Orange Juice Milk	24 Breaded Mini Chicken Fillet Assorted Cereal Large Cinnamon Bun Yogurt Parfait w/ Peach Honey Wheat Biscuit Fresh Apple Slices Raisins Milk	25 Confetti Pancakes Assorted Cereal Flavored Yogurt Cup Strawberry Nutrigram Bar Pears, Cup Fresh Sliced Orange Milk	26 Turkey Sausage Egg Bake Bites Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Assorted Mini Loaf Fresh Banana Apple Juice Milk	27 Sausage Wrapped Pancake Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Peach Cup Dried Cranberries Milk
30 Cinnamon French Toast Sticks Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Applesauce Cup Orange Juice Milk	31 Breaded Mini Chicken Fillet Assorted Cereal Yogurt Parfait w/ Blueberry Honey Wheat Biscuit Chilled Apricots Fresh Apple Slices Milk			



### Lunch / COUNTRY HILLS ELEMENTARY / Menu at Country Hills Elementary

### JANUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <i>No Information Provided</i>	3 <i>No Information Provided</i>	4 <i>No Information Provided</i>	5 <i>No Information Provided</i>	6 <i>No Information Provided</i>
9 Chicken, Tangerine Latin Style Black Beans Meat Yogurt w/ Cheese & Crackers Brown Rice Steamed Edamame Vegetables Sunset Sip Vegetable Juice Fresh Red Apple Milk	10 Premium Beef Taco Parfait, Peach w/ Cheese Stick Asian Egg Roll Soft Tortilla Sweet Potato Crinkle Cut Fries Salsa Cup Apricots Cup Milk	11 Vegan Bean & Green Chile Burrito Jamaican Beef Patty Meat/Loaf w/ Gravy Corn Muffin Steamed Broccoli Mashed Potatoes Raisins Milk	12 Hummus and w/ Crackers Croutons, Chocolate No Nut Butter Sandwich Grilled Cheese Goldfish Crackers Swift Juice Variety Fresh Baby Carrots, Snack Pack Fresh Apple Slices Raisins Milk	13 <i>No Information Provided</i>
16 <i>No Information Provided</i>	17 EZ Jammer Sandwich Salad, Egg & Cheese Rotini w/ Italian Meat Sauce Garlic Breadsticks Cucumber Slices Steamed Broccoli Frozen Whole Fruit Cup Milk	18 Pretzel Dog Jamaican Beef Patty Vegan Bean & Green Chile Burrito Salad, Seeds & Cheese Wheat Crackers Strawberry Banana Swirl Juice Steamed Edamame Vegetables Apricots Cup Milk	19 Chicken Nuggets Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Deli Roasted Potatoes Baked Beans Raisins Milk	20 Stuffed Crust Cheese Pizza Pork Carnita on Bun Hummus and w/ Crackers Marmara Sauce Cup Fresh Mini Sweet Peppers Grape Juice Milk
23 Chicken, Tangerine Latin Style Black Beans Meat Cheeseburger Sliders Yogurt w/ Sunflower Seeds & Crackers Brown Rice Wheat Roll Steamed Broccoli Fresh Baby Carrots, Snack Pack Fresh Apple Slices Milk	24 Premium Beef Taco No-Nut Butter Meal Salad, Egg & Cheese Tortilla Chip w/ Shredded Cheddar Cheese Tortilla Chips Salsa Cup Steamed Corn Frozen Rips Fruit Slush Milk	25 Steak Burger Vegan Bean & Green Chile Burrito Salad, Seeds & Cheese Wheat Crackers Baked Beans Yucca Steak cut fries Raisins Milk	26 Chicken Breast Tenders Turkey & Cheese on Bun Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Steamed Edamame Vegetables Fresh Celery Sticks Dried Cranberries Milk	27 Pull Apart Cheesy Breadsticks Chicken Fillet Sliders Hummus and w/ Crackers Marmara Sauce Cup Steamed Edamame Vegetables Fresh Red Apple Milk
30 Mexican Pizza Chicken Popcorn Latin Style Black Beans Meat Yogurt w/ Cheese & Crackers Brown Rice Fresh Baby Carrots, Snack Pack Mango Swirl Juice Fresh Apple Slices Milk	31 Premium Beef Spaghetti Sauce No-Nut Butter Meal Salad, Egg & Cheese Rotini Garlic Breadsticks Steamed Italian Blend Vegetables Steamed Broccoli Frozen Whole Fruit Cup Milk			



# Beanstack's Winter Reading Challenge

Questions? Contact Mrs. Cuadra.



The challenge is from January 1-31. CHE's Rising Stars, we can do this – if we win, we can earn more books for our Media Center!

Broward County Schools Monthly Report for November

Total minutes logged	4,769,001	
Total minutes logged in November	1,155,281	
Top 10 schools overall -- minutes logged	Everglades Elementary School	958,536
	Heron Heights Elementary School	554,228
	Country Hills Elementary School	430,866
	Park Trails Elementary School	376,305
	Pioneer Middle School	330,965
	D. Eisenhower Elementary School	171,417
	Pines Lakes Elementary School	154,692
	Pines Middle School	152,720
	Pembroke Lakes Elementary School	133,940
	Welleby Elementary School	121,946

Log, log, log your minutes! The goal is 7,000 minutes!

We need more participation! All students' reading will be celebrated in May!

Top 10 schools -- % of people participating	Everglades Elementary School	84%
	Welleby Elementary School	82%
	Heron Heights Elementary School	81%
	Park Trails Elementary School	80%
	Sea Castle Elementary School	65%
	Pines Middle School	49%
	D. Eisenhower Elementary School	48%
	Pioneer Middle School	43%
	Country Hills Elementary School	40%
	Sunshine Elementary School	40%

REMINDER: Minutes are due by March 31 (you can date them all the way back to April 1, 2022).



# Celebrate Literacy Week, Florida!

January 23<sup>rd</sup>-January 27<sup>th</sup>, 2023

Broward County Public Schools invites all staff and students to celebrate literacy by participating in these fun daily activities! **Be sure to post your pictures on social media using #FLCelebratesLiteracy and #BrowardReads!**

**Monday, January 23<sup>rd</sup> "Reading Can Take You Back In Time!"** Wear attire from a previous decade.



**Tuesday, January 24<sup>th</sup> "Reading Can Give You Superpowers!"** Wear a superhero shirt.

**Wednesday, January 25<sup>th</sup> "Reading Can Transform Your Future!"** Dress like what you want to be when you grow up.



**Thursday, January 26<sup>th</sup> "Reading Can Make You Brighter!"** Wear bright/neon colored attire.

**Friday, January 27<sup>th</sup> "Reading Can Help You Relax!"** Wear pajamas and read outside.



*Note: Students must adhere to the BCPS dress code.*

# Save the Date

School Board Member Madam Chair Lori Alhadeff  
invites you to a

## Vaping Prevention Town Hall Meeting

**Madam Chair Lori Alhadeff**  
School Board Member, District 4  
Broward County Public Schools



**January 19, 2023**

Thursday



**5:00 - 8:30**

PM

PM



**Marjory Stoneman  
Douglas High School**  
5901 Pine Island Rd  
Parkland, FL 33076

